

Public Service Announcement

Sexual and Reproductive Health Day

Start date: February 7, 2014 End date: February 12, 2014

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February 12 is Sexual and Reproductive Health Day in Canada.

Nunavut has high rates of sexually transmitted infections, which points to high levels of unsafe sex. Chlamydia and gonorrhea rates in Nunavut are the highest in Canada, and in the last two years syphilis has become a concern in the territory.

Nunavummiut can prevent sexually transmitted infections and improve their sexual health by:

- Wearing a condom available free from all health centres, and some recreation centres and businesses throughout Nunavut;
- Getting tested for sexually transmitted infections at your health centre; and
- Talking to your partners about sexual and reproductive health issues.

Sexual health is an important part of your overall well-being. For more information, please visit the Government of Nunavut's sexual health website, I Respect Myself, at www.irespectmyself.ca or your local health centre.

If you have questions, concerns, and want peace of mind, ask your health professional for advice.

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